

Accountability Questions for Men

1. Have you exposed yourself to any explicit or marginal material including TV, movies, the internet, or magazine?
2. Have you had lustful thoughts?
3. Have you been with a woman or man in such a way that was inappropriate, or could have looked to others like you were using poor judgment?
4. Have you exercised self-control over food, drugs, alcohol, or tobacco?
5. Have you gossiped or demonstrated a critical spirit?
6. Have you neglected fellowship with other believers by not attending church or small group?
7. Are you aware of any un-confessed sin(s) in your life?
8. Is there anyone you need to forgive?
9. Have you been completely above reproach in all your financial dealings and honored God with your money?
10. Have you spent your time wisely?
11. Have you fulfilled your personal goals for prayer, scripture reading, and memorization?

If you are married or have children

1. Have you complimented and affirmed your wife?
2. Have you been helpful to your wife without being asked?
3. Have you been the spiritual leader of your family?
4. Have you spend sufficient quality time with your children?